What we do today will determine how we LIVE UNITED tomorrow.

Your guide to investing in long-term change for our community.
Responding to a community-wide crisis and rebuilding together.

- **More than $3 million** raised for the Response and Recovery fund through a partnership with United Way, Innovia and Empire Health Foundations.

- **$676,952 in federal funding** awarded to United Way to distribute to nonprofits, faith-based and governmental organizations providing food and shelter services.

- **65,000 personal protection items** were donated and collected by staff and volunteers for hospital staff and first responders.

- **Over 1,300 COVID volunteer positions** filled using VolunteerSpokane.org.

“United Way is an essential partner in our community response efforts. They provide support on the front-end, assisting with volunteer registration; and are our go-to partner for the collection and management of donations from the community. We couldn’t do it without them!”

Chandra Fox, CEM
Spokane County DEM
Deputy Director
The work United Way does with our community is focused on improving the outcomes for those marginalized by poverty and racism.

We create safe homes free of child abuse, neglect, and domestic violence. We provide educational opportunities for our youth so they can succeed in school and in life. We work to prevent homelessness and hunger.

None of this work can happen without recognizing the inequities that exist in our systems. In order to create long-term change, we recognize the need to change our systems.

The trainings that Excelerate Success provides have been monumental in system change in the area surrounding equity. These trainings were instrumental in the writing and implementation of Spokane Public Schools’ Equity resolution. This work has influenced not only our district leadership, but also the 30,000 students and families we serve.

Nicole Jenkins-Rosenkrantz
Community Partnerships Manager
Spokane Public Schools
Create safe homes free of child abuse, neglect, and domestic violence.

Domestic violence affects thousands of families and children in our community. Spokane County’s domestic violence rates are nearly double the state average, and are double what they were ten years ago. This is an Adverse Childhood Experience (ACE). United Way works to support children with ACEs.

Domestic violence is one of the most prevalent causes of homelessness in Spokane County. United Way’s work takes a holistic approach to help victims access stable housing, employments, and parenting supports.
How do ACEs affect health?

Through stress.

Frequent or prolonged exposure to ACEs can create toxic stress which can damage the developing brain of a child and affect overall health.

Adverse Childhood Experiences can include:
1. Emotional abuse
2. Physical abuse
3. Sexual abuse
4. Emotional neglect
5. Physical neglect
6. Mother treated violently
7. Household substance abuse
8. Household mental illness
9. Parental separation or divorce
10. Incarcerated household member

Reduces ability to respond, learn, or process effectively which can result in problems in school

Lower tolerance for stress can result in behaviors such as aggression, checking out, and defiance

May have difficulty making friends and maintaining relationships

Problems with learning and memory can be permanent

Increases stress hormones which affects the body’s ability to fight infection

May cause lasting health problems

Courtesy of Spokane Regional Health District
Increase graduation rates.

Data tells us that many children in our community are not adequately prepared to enter kindergarten.

We know that statistically children that start behind stay behind. Our work to lower cost barriers for families to access quality early learning programs is a year-round effort.

Increasing kindergarten readiness is a priority for Spokane County United Way and is one way we invest the dollars that are entrusted to us, by donors like you.

A graduate is 18 years in the making.
To increase graduation rates United Way focuses on early learning supports, after-school programs, and equity in our education systems.
Daily fun to help your child prepare for the classroom!
Prevent homelessness and hunger.

As many as 35% of working households in Spokane County do not earn enough money to meet basic needs from month to month.

Spokane County United Way invests in services that provide financial crisis intervention and a more stable financial environment.

Our work assists families to secure stable, affordable housing. It supports job readiness services for family-sustaining employment, and provides services so that people can gain and sustain assets.

Our efforts bring the community together through workplace partnerships so that lower-wage employees can access financial education, free tax preparation, and banking services.

35% of Spokane County working households do not earn enough to meet basic needs. They are ALICE (Asset Limited, Income Constrained, Employed).
ALICE Households in Spokane County

<table>
<thead>
<tr>
<th>Year</th>
<th>Poverty Household</th>
<th>ALICE Household</th>
<th>Above ALICE Household</th>
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<tbody>
<tr>
<td>2010</td>
<td>27,134</td>
<td>39,856</td>
<td>120,682</td>
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<td>2012</td>
<td>30,284</td>
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<td>2014</td>
<td>28,180</td>
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<td>113,383</td>
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<tr>
<td>2016</td>
<td>25,124</td>
<td>45,718</td>
<td>124,965</td>
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<tr>
<td>2018</td>
<td>26,956</td>
<td>44,881</td>
<td>134,354</td>
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</tbody>
</table>
Spokane County United Way has been serving our local community since 1921. In addition to grant funding, United Way coordinates the efforts of AmeriCorps CISTA, the Emergency Food and Shelter Program, Free Tax Preparation, Excelerate Success, and manages an online volunteer portal Volunteer Spokane.

Spokane County United Way receives funding from foundations, companies, and individual donors. As a steward of donor funds, we invest in community programs with sound financial practices that are aligned to create long-term impact in the areas of health, education, and financial stability.

Together we address complex social needs, build capacity, improve systems, and are innovative to solve our community’s most critical problems.

Spokane County United Way has invested over $20 million dollars over the past 10 years in our community.

We ensure that the dollars entrusted to us are invested in ways that produce measurable and meaningful results.
Spokane County United Way fights to decrease child abuse, neglect, and domestic violence, increase graduation rates, and prevent hunger and homelessness.