



Spokane County
United Way

United Way Program Investments July 2009 – June 2010

Partners Fund

American Indian Community Center

www.aiccinc.org

FAMILY SERVICES PROGRAM: This program provides a range of services to help people meet basic needs, including a food bank, senior nutrition program, community meals, and family services information and referral. Programs are open and available to all members of the community regardless of race or ethnicity.

American Red Cross

www.spokaneredcross.org

EMERGENCY SERVICES: Whether a family is displaced by a flood, fire, or another disaster, the Inland Northwest Chapter of the American Red Cross is on hand to provide emergency shelter, food and essential supplies.

HEALTH AND SAFETY SERVICES: The Red Cross trains thousands of local residents each year in first aid, CPR, HIV prevention, babysitting, family caregiving, and emergency preparedness. This program also offers free blood pressure screenings, swimming classes and lifeguard classes.

SERVICES TO ARMED FORCES: This program helps military personnel exchange vital information with their families during deployment, including notifications of births, deaths and serious illnesses. We also provide supportive services for veterans, families of deployed soldiers, and personnel returning from tours of duty.

The Arc of Spokane

www.arc-spokane.org

COMMUNITY CENTER: The Arc Community Center offers individuals with developmental disabilities the opportunity to be active members of the broader community. Through active programming, including daily outings into the community, the Center provides our members with the opportunity to meet a wide variety of their physical, emotional and social needs.

INDIVIDUAL ADVOCACY: This program provides information, referrals, individualized support and advocacy to empower persons with developmental disabilities and their families so they may address the issues they face in their lives. This could include providing emotional support, exercising and protecting legal and civil rights, assisting in accessing community services including healthcare income and education, and collaborating with those services as needed to best serve the individual.

Boy Scouts of America, Inland Northwest Council

www.northwestScouts.org

CAREER EXPLORING PROGRAM: This program helps male and female students aged 14-20 in Spokane County gain experience in professions of interest to them. It provides mentoring from adults in those professions, community service opportunities, and teaches interviewing and career skills.

YOUTH DEVELOPMENT PROGRAM: This comprehensive program helps build character, leadership, citizenship skills, and life skills in children aged 7-20. It is available to all boys aged 7-20 and girls aged 14-20. Our focus is on all youth but especially those that are most in need.

Boys and Girls Club of Spokane County

www.bgcspokanecounty.org

EVERY MEMBER, EVERY YEAR: The goal of this program is to ensure all members of the Boys & Girls Clubs have the resources, opportunities, encouragement and expectations they need to graduate from high school and pursue post high school opportunities. "Every Member, Every Year" will highlight key strategies to help youth stay in school and on track for high school graduation: promote the importance of high school graduation, build school and parent partnerships, identify and retain high-risk youth, develop supportive relationships and implement comprehensive programs.



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Camp Fire USA, Inland Northwest Council

www.campfireinc.org

CAMP DART-LO SUMMER DAY CAMP: Camp Fire USA, Inland Northwest Council uses our existing tiered pricing structure and scholarship program, Working Connections Childcare partnership, and United Way funding to offer substantial subsidized camping experiences for low-income children in Spokane. The proposed program provides a nurturing and safe daily environment for children of families without the financial capacity for quality learning experiences for their children during the summer months.

CLUB PROGRAM: Camp Fire provides all-inclusive, coeducational programs for youth and families in quality, small group experiences called "Clubs" which build confidence in younger children and provide hands-on leadership experiences for older youth. United Way funding would help support 14 additional clubs at local elementary schools.

Cancer Patient Care of Spokane County

www.cancerpatientcare.org

PATIENT TRANSPORTATION ASSISTANCE PROGRAM: This program provides gas vouchers and bus passes to low-income cancer patients in Spokane County who often face heart wrenching choices between family needs and access to life-saving treatment and healthcare. This critical assistance helps low-income cancer patients make their life-sustaining treatment and physician visits. Surviving cancer should not be contingent on a patient's income and this program targets this specific need, which often impacts survival.

Center Pointe

<http://centerpointeactivities.com>

PROGRAM: Center Pointe is a safe, barrier-free environment, which offers educational, recreational, and social activities for disabled adults in Spokane County. The program offers 30 hours of personalized, educational activities per week to assist and educate clients on independence, positive self-image and to be of service to others. These activities stimulate the participant's minds and teach them valuable life and work skills.

Children's Home Society of Washington (CHS)

www.childrenshomesociety.org

PARENTS AS TEACHERS: This home visiting program provides early childhood parent education, school readiness, and support services for families from pregnancy through kindergarten entry, children with special needs, and teen parents. Parent educators utilize the PAT Born to Learn curriculum with parents to increase knowledge of child development, improve parenting practices, and increase school readiness. This program teaches parents to encourage the positive growth of their child, to become the primary teachers of their children, and helps to decrease the risk of child abuse and neglect.

Daybreak of Spokane

www.daybreakinfo.org

DAYBREAK YOUTH SERVICES: This program provides alcohol and drug treatment services for youth and their families to help individuals abstain from chemical use, to obtain solid family and social relations, and accept personal responsibility for one's actions. Daybreak Youth Services offers after-school programs, which include individual, group, and family therapy; in addition, substance abuse counselors offer education, assessment and treatment services to youth.

Eastern Washington Center for the Deaf and Hard of Hearing

www.ewcdhh.org

VIDEO REMOTE INTERPRETING SERVICES: EWCDHH will pilot the implementation of a new communication technology that will allow for more efficient access to high quality interpreting services. This method allows the service provider to pay for interpreting services by the minute instead of by the hour. This would enable the vulnerable to access essential services such as medical via video remote interpreting.

Epilepsy Foundation Northwest

www.epilepsynw.org

EPILEPSY FOUNDATION: This program ensures people with seizures an ability to participate in all of life's experiences. In addition to the program's commitment to public education and community awareness about seizure recognition, clients receive case management, information and referral for employment, legal assistance, seizure control, seizure recognition and first aid, housing, health care insurance and medication, personal and political advocacy, medications and medical devices.

Excelsior Youth Center

www.excelsioryouthcenter.com

ALTERNATIVE CLASSROOM EDUCATION (ACE): This program is a partnership between Spokane School District 81 and Excelsior to provide case management services, mental health, and counseling and alternative education opportunities to students in grades 9-12. Many of these students live in poverty, have an extensive involvement with juvenile corrections, and are nearing the age of 18 without any housing, employment, human services or community support prospects. Through life skills coaching and assistance, ACE strives to utilize innovative methods to address gaps in services with the intent of moving individuals toward stability, and working toward economic self-sufficiency.

COMPREHENSIVE CARE AND MEDICAL ACCESS: Although clients in the Excelsior's Residential Program and Impatient Chemical Dependency programs are eligible for Medicaid, many have not received adequate health care do to a lack of parent concern and involvement, addiction and abuse, and frequent moving; most pressing health care issues were addressed at the local emergency room. In partnership with professional partners, this program addresses the deferred health care issues, which pose serious health care risk and expense if not immediately addressed.

Fairchild Airforce Base: Child Development Center

www.fafbservices.com

CHILD DEVELOPMENT CENTER: This program provides comprehensive care to all branches of the military and civilian personnel who work at Fairchild Air Force Base. Through a safe and nurturing environment, with loving support, and by maintaining open communication with parents, children are given an opportunity to develop his or her maximum potential through varied experiences.

Fairchild Airman and Family Readiness Center

www.fairchildfamilysupport.com

FAIRCHILD AIRMAN AND FAMILY READINESS CENTER: This program offers families experiencing military deployments a level of sustainability including life skills counseling, marital and family coaching, personal and family life education, social adaptation, fiscal responsibility, and employment skills assistance for active duty family members and those who are leaving the military. In addition, this program provides child education and serves as a liaison between schools.

Fairchild Youth Center

YOUTH CENTER: This program focuses on sustaining and improving academic performance through homework assistance, tutoring, incentive-based activities, and High Yield Learning Activities. In addition to the youth programs, this program assists parents and schools in improving academic performance and school retention rates, especially through high school.

Family Service Spokane

www.familyservicespokane.com

MENTAL HEALTH COUNSELING FOR YOUTH: This program provides counseling and case management to children in Spokane County who are dealing with a mental illness or issues affecting their mental health. This service provides assistance for clients dealing with grief, family relationship difficulties, and coping with symptoms of severe and persistent mental illness. Services are provided at one of the agency sites, although may be provided in another setting, such as a school or other community setting.

Girl Scouts - of Eastern WA and Northern Idaho

www.gsewni.org

LEADERSHIP DEVELOPMENT PROGRAM: This program is designed to explore 15 core outcomes through three learning areas; Discover, Connect, and Take Action. It engages girls in self discovery, forming connections with others, and taking action in their world. Adult mentors are essential to the girl's journey through her personal leadership development. Adult mentors provide the guidance and safety necessary for girls to explore leadership development in environments of comfort and challenge.

Hospice of Spokane

www.hospiceofspokane.org

HOSPICE SERVICES: This program provides care and support to the terminally ill and their loved ones in their home or place of residence. The organization also provides community bereavement services, sponsors a children's grief program and has taken a leadership role in addressing end-of-life issues in our community and region.

Lilac Services for the Blind

www.lilacblindfoundation.org

INDEPENDENT LIVING PROGRAM: This program attempts to maximize the integration of blind and visually impaired individuals into the social, economic and cultural life of their community. Specialized training includes adaptations for preparing meals, managing medications, managing personal finances, orientation and mobility (including cane travel), using adaptive aid equipment, and much more.

Lutheran Community Services Northwest

www.lcsnw.org

CHILD WELFARE PROGRAM: This program provides services to children who experienced abuse and neglect, and their family or caregivers. An array of services are provided: therapeutic foster care for children with severe behavioral/emotional disturbances, out-patient mental health services for children struggling with sexual behavior problems and co-occurring mental health issues, and assessment and evidence based treatment recommendation for both children in long term foster care and for families and caregivers recently referred to Child Protective Services.

SEXUAL ASSAULT AND FAMILY TRAUMA RESPONSE CENTER: The SAFeT Response Center is the area's only Certified Sexual Assault Program and Crime Victim Service Center and hosts the area's only 24-Hr sexual assault and crime victim crisis line. This program also provides individual, family, and group therapy to children and families, community education, crisis intervention and referral, legal and medical advocacy to victims of sexual assault and other crime.

Martin Luther King Jr., Family Outreach Center

www.mlksokane.org

CHILD CARE: This program provides enriching activities and opportunities for children including an Early Childhood Education and Assistance program, and an after school program for K-6th grade attending Grant, Sheridan, Roosevelt elementary schools. In the summer, this program offers the Youth Academy, a ten week summer program for children ages 3 ½ to 12 years, and the Teen Leadership program for teens 13-18 assists teens in acquiring leadership skills.

FAMILY EMERGENCY SERVICES PROGRAM: The program serves as a detailed source of information, referral, and advocacy for families throughout Spokane County. This program provides emergency vouchers to neighborhood families in need of assistance with utilities, food, infant supplies and/or rental assistance. Individualized life skill mentoring in budgeting, job search and retention skills, nutritional planning and environmental safety for families with young children empowers families to transcend poverty. Services focus on honoring diversity and respect for each family's culture and values.

FAMILY RELATIONSHIPS PROGRAM: This program provides culturally responsive parent psycho-education regarding the nature and importance of attachment relationships through the lifespan. The program also focuses on specific family needs regarding attachment relationships, and conducts video based group and individual caregiver/child therapy adapted from the Circle of Security® model.



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Mid-City Concerns, Inc.

www.mowspokane.org

MEALS ON WHEELS AND SENIOR CENTER: This program provides hot meals and a daily visit to homebound individuals in need of nutrition. The Senior Center located in downtown Spokane offers nutrition, recreation, education and outreach to seniors. It also serves as a safe, caring facility for handicapped individuals to volunteer.

Providence Adult Day Health

www.providence.org/spokane/adh

ADULT DAY HEALTH: This program serves primarily poor and vulnerable frail elderly and disabled individuals and their caregivers with a community-based day program of active restorative rehabilitative and nursing services intended to promote participants' abilities and strengths, allowing them to live independently in the community and to delay or prevent institutional placement. Clients range in age from 29 to 106 years old; the average age is 76.

Providence VNA Home Health Care

www.providence.org/spokane/VNA

HEALTH CARE OF POOR & VULNERABLE: This program provides home health care services to people who have no insurance and limited financial resources. Registered Nurses, Home Health Aides, Physical Therapists, Speech Therapists, Occupational Therapists, Medical Social Workers and Registered Dieticians are available to help people across the age continuum who are ill and/or injured with one or more of all possible medical diagnoses known today. In addition, a major goal of PVNA services is to foster independence and the ability of patients to continue to live in the community when at all possible by teaching patients, families or other willing caregivers, to safely manage their own care.

Salvation Army

www.salvationarmyspokane.org

HOUSING STABILIZATION: The Salvation Army works to reduce homelessness in Spokane County by providing a continuum of housing and emergency services with intensive case management, Life Skills classes and continuous follow up to ensure families have continual opportunity to remain in housing. TSA will provide for basic needs and for families to remain housed or enter shelter, transitional housing or permanent supportive housing with wrap around services available in one location.

LINK: This is a youth development afterschool program for grade school children and teens with a socio-economic disadvantage. Through collaboration with local colleges, the children are provided with mentors, tutoring, nutritious snacks, computer skills training, recreational programming, self esteem building and literacy development. Teens are also provided with social outlets that promote community, teamwork, education and healthy choices.

SALLY'S HOUSE AND PROFESSIONAL SERVICES: This program provides wrap around services in one location for children and families experiencing issues of abuse, neglect, domestic violence, drug abuse/addiction, and abandonment. Sally's House is an emergency receiving care facility for children 2 to 12 years of age that have been removed from their homes. Professional services provides supervised visitation, sibling visitation, individual and family therapy/counseling, developmental assessments, psychosocial evaluations, trauma testing, crime victim counseling, parent assessment and instruction. Often families are able to reunite and stabilize through shelter and transitional housing on site.

Second Harvest Inland Northwest

www.2-harvest.org

FEEDING PEOPLE AND CHANGING LIVES: Second Harvest uses food to strengthen the local community, bridging nutritional gaps and improving the health and well-being of low-income children, families and seniors. Second Harvest's emergency food bank network in Spokane County feeds 15,000 people every month. Second Harvest also supplies high quality, nutritious food to 130 other charities for people in poverty, the working poor, elderly and disabled people on very low fixed incomes, and children and families in temporary crisis.



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Spokane AIDS Network

www.spokaneaidsnetwork.org

CLIENT ADVOCACY PROGRAM: This is a mentoring program honoring cultural values and strengths while empowering Persons Living with HIV/AIDS (PLWHA) to advocate for their health needs and make healthy choices. The program goals are to: 1) increase utilization of HIV health care and prevention services to improve healthcare access and reduce transmission of HIV by eliminating barriers effecting vulnerable populations, 2) educate and empower people living with HIV/AIDS to advocate for HIV funding and effective public policy, and 3) increase collaboration with other community agencies to integrate common goals and increase long term outcomes and program sustainability.

Spokane Guilds' School & Neuromuscular Center

www.guildschool.org

EARLY INTERVENTION PROGRAM: This program provides crucial early assessment and intervention programs to children, birth - 3. For children suspected of developmental delays, the neuromuscular center provides comprehensive assessment. Intake teams consisting of a nurse and family staff liaison provide in-home developmental screening, resource identification and referral. Program options include: individual therapy, toddler groups, preschool groups, and home based services. For those who qualify, a transportation program is available to transport children to and from the toddler and pre-school programs.

Spokane Mental Health

www.smhca.org

FIRST CALL FOR HELP: This phone line, a component of Crisis Response Services at Spokane Mental Health, provides assistance to our community 24 hours a day, 365 days a year. Designed as a single access point for people in emotional crisis or needing referral to health and human service resources, First Call provides up-to-date community resource and referral information, supportive listening, and 24-hour linkage to Mental Health Professionals or emergency response to individuals within and outside Spokane.

2-1-1: This simple phone number links callers to information and referral services throughout Spokane County and the State of Washington.

SNAP

www.snapwa.org

FINANCIAL ACCESS: This program provides opportunities that empower low income people to become financially stable and build assets for a prosperous future. Services include financial education and counseling, second-chance banking, matched savings incentives for asset purchases and credit-builder loans. It helps families move beyond constant financial crisis by planning for expenses, cleaning up past mistakes, avoiding predatory lending and other financial pitfalls, setting goals, saving for emergencies and future asset purchases, and increased income.

HOUSING COUNSELING: This is a HUD-approved counseling program which assists households to sustain their mortgage or to become a first-time homebuyer. Services include pre-purchase counseling, down-payment assistance program and default counseling.

YFA Connections

www.yfaconnections.org

ADULT TREATMENT SERVICES: This program provides comprehensive, individualized and client-centered outpatient chemical dependency and co-occurring disorders treatment that supports clients to live a healthier life as productive members of the Spokane community. YFA Connections' proven success treating this highly vulnerable population helps to mitigate community-wide problems including crime and the financial burden of publicly supporting drug/alcohol afflicted newborns/children, foster placement, legal services, increased emergency room care, and psychiatric hospitalizations associated with this population of low-income/indigent chemically dependent and mentally ill individuals.



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YMCA

www.ymcaspokane.org

EARLY CHILDHOOD CENTER: Located at the new Central YMCA, this program provides high quality child care for children ages six weeks through five years, focusing on developmentally appropriate curriculum for infants, toddlers, pre-schoolers, and pre-kindergarteners.

SCHOOL AGE CARE AND DAY CAMP PROGRAMS: This program serves children ages 5-14, from kindergarten through eighth grade, at 21 elementary school sites in Spokane and Spokane Valley. Included are enrichment activities that encourage personal and academic growth, improved self-esteem, and a healthy lifestyle. The unique Mountainside Middle School program provides young teens a safety net that offers the one-on-one homework support needed by many students. It also offers structured activities on weekday afternoons so students have an opportunity to grow their social and physical skills while building healthier peer relationships.

BUILDING HEALTHIER OPPORTUNITIES FOR ALL: This is the promise of the YMCA of the Inland Northwest to deliver programs and activities to Spokane's underserved residents who want a healthier lifestyle, but have had obstacles preventing them from pursuing that goal. It includes a new "Membership for All" pricing structure, intentional marketing to a target audience of populations who have not previously made use of the resources available at the YMCA, a focus on healthy lifestyle choices, and teen center programs that help them build a healthy future.

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP): This program promotes senior volunteer opportunities to build a stronger community through partnerships that impact community needs. In helping others, seniors find value and purpose in their lives. Active participation in community life leads to improved physical, mental and spiritual health, which in turn helps prevent isolation and illness.

YWCA

www.ywca.org/spokane

ALTERNATIVES TO DOMESTIC VIOLENCE PROGRAM: This program works cooperatively with other local service organizations to end domestic violence in Spokane County. Services include education, empowerment, advocacy, support, counseling, shelter, and transitional housing.

OPPORTUNITY CENTER: This program empowers women by expanding opportunities for them to increase their access to resources, raise their incomes, and enhance their employment-related skills. Services include job readiness advocacy, job hunters' workshop, Our Sisters' Closet for professional clothing, computer lab, and a monthly Y-Women's Breakfast featuring local women leaders.

CHILD AND YOUTH SERVICES: These programs support and protect children and their families within our community who are at-risk due to the loss of traditional family structure and support systems. The overarching goal is to strengthen families and, thereby, disrupt the insidious cycles of homelessness, poverty, and violence that have taken root in our community. Programs include Homeless Family Resource Services, Early Childhood Education and Assistance Program, After-School Program, Summer Day Camp, and Teen Program.

Bold Goals Fund

These investments are leveraging an additional \$350,000 annual investment from the Bill & Melinda Gates Foundation to improve early learning, kindergarten readiness and kindergarten transitions in northeast Washington. The three-year project, called Our Kids: Resilient and Ready, is focused on enhancing the ability of parents, child care providers and kindergarten teachers to support healthy social and emotional development of young children.

Blue Prints for Learning

www.cbccspokane.org/5.html

CHILD CARE TRAINING INSTITUTE: Provides high quality, affordable training on early childhood development and child care quality to child care teachers and center directors.

Community-Minded Enterprises

www.community-minded.org

FAMILY RESOURCES INITIATIVE: In partnership with BluePrints for Learning, this program is enhancing the availability and quality of local training for child care providers.

Children's Home Society

www.chs-wa.org

SUPPORT TO CHILD CARE PROVIDERS: This program is providing on-site coaching and mentoring to child care providers in high poverty neighborhoods to improve their capacity to strengthen families and support children's social and emotional development.

ESD 101

www.esd101.net

CENTER FOR EARLY CHILDHOOD SERVICES: Grant funds from the Bill & Melinda Gates Foundation are supporting early learning provider training and coaching in Ferry and Stevens Counties to foster social and emotional development of young children.

Department of Commerce Asset Building Grant

SNAP Financial Access is providing financial education and counseling (see SNAP above).

YWCA's Opportunity Center is helping women enhance employment-related skills. Grant funds will support the Center's ability to host a free tax preparation site in collaboration with Gonzaga University accounting students, which will be the only site in the county offering free child care.

Money Management International (formerly Consumer Credit Counseling) is implementing a program in collaboration with employers of low and moderate income workers to offer financial education services at the workplace.

VOICES, a grassroots advocacy organization of low-income people, provides education, outreach and advocacy services in support of effective efforts to reduce the impacts of poverty.